



ORIGAMI BUTTERFLY

Intermediate

AMNESTY
INTERNATIONAL

Alfreda is a single mother who was grabbed from an internet cafe in the Philippines and brutally tortured by police. Join activists from all around Australia, making solidarity origami and writing messages of support for Alfreda to show her she is not alone and we are standing with her in her fight for justice.



You will need one square of paper and a pair of scissors.



Fold diagonally each way and in half each way. When opened up it should look like this.



Fold into a rectangle using a horizontal crease. Then place fingers on left side, open right point and push towards the center fold.



You should see a triangle naturally form using the creases you've made. Push down and crease.



Flip over. Place fingers on the left side of the triangle and pull the other point of the rectangle towards the centre fold.



It will also naturally form a triangle. Crease again.



Your triangle should look like this.
Confused? Check out the video.



Next fold the bottom right point of your triangle to the top corner.



Do the same with the bottom left point of your triangle.



Once you've made these creases unfold.



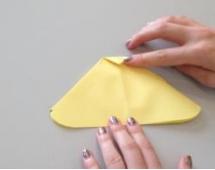
Fold in half along the centre fold and mark a curved line on the point with four flaps.



Cut along the curved line.



Open triangle and fold the two corners back to the top point. They will now be curved.



Flip your butterfly and fold the top point of the triangle down into a small triangle.



Now slowly fold the top of your butterfly down so it is in line with the bottom. The wings will start to curl.



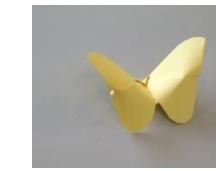
Press down on this crease with a finger.



Flip the butterfly and tuck the small triangle over the top to hold it together.



Now gently fold in half to give your butterfly shape.



Your finished butterfly should look like this. All that's left to do is fill out Alfreda's solidarity card and attach it to your butterfly with a staple or a piece of string.

Stuck?

Check out this simple video on your smart phone.

Go to: bit.ly/alfreda2